

ROTARY CLUB MYSORE METRO



METRO NEWS



ONE FOR ALL AND ALL FOR ONE

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Welcoming: Chairman - Sneha Saurabha 25-26. Rtn Dr. Prahlad K A

Rtn Dr. Prahlad K A, Star of the recently concluded District Conference, "Sneha Saurabha", has been hailed as the "Grand Master" behind it's "Grand Success". The event set new standards for its organization, impact, and high-profile participation.

To his Rotary friends, he is known as the Brain behind many events, The Showman, Kindest Dr, Smiling friend, Mentor to many, Great friend and an Ever-Smiling Rotarian.



Professional Profile & Achievements

- **Medical Expertise:** His specialties include Infectious Diseases, HIV/AIDS management, Poisoning (including snake bites), and lifestyle diseases such as Diabetes and Hypertension.
- **Academic Contributions:** He has been a coordinator for the DNB course in General Medicine for over six years and has mentored 14 successful postgraduate candidates.
- **Key Awards:** * IMA Best Doctor Award (2019): Conferred by the Indian Medical Association.
- **Service During Pandemic:** He was recognized as a prominent frontline doctor during the COVID-19 pandemic in Mysuru.

Rotary Background

- An active member of Rotarian since 2003.
- Served in various capacities including Club Secretary, Editor, and President (2018-19).
- A major contributor to Rotary International as a PHF+1 (Paul Harris Fellow) donor.

Hobbies & Interests

An active sports & stage enthusiast, he is married to Mrs. Prabha, and they have two children, Prerana and Pranav.

Past Leadership Roles:

- **Assistant Governor:** He was appointed as the Assistant Governor (AG) for Zone 7 of RI District 3181 for the 2024-25 period.
- **Senior Medical Professional:** He is a highly respected Senior Consultant Physician and Internal Medicine Specialist at Apollo BGS Hospitals, Mysore, where he has practiced for over 23 years.
- **RI President's Citation (2018-19):** Awarded for his leadership as the President of Rotary Mysore Midtown.

Sneha : Straight from the Heart

When our editor requested me to pen just two lines about the Conference, I honestly felt it was impossible to confine my emotions to such brevity.

From day one, when we requested our Club Advisor, Rtn. Dr. Prahlad, to take on the responsibility of Conference Chairman, we practically stole his sleep. A man of absolute integrity, a creative mind, and—most importantly— respected across the district, he was undoubtedly the perfect choice for this role, aptly selected by our DG Ramki Sir.

He, in turn, chose one of the most deserving and extraordinary talents from our club, Rtn. Srinivasan D, as Conference Secretary, along with a highly capable team—most of the key

members being from our club. With such a strong leadership combination, there was never a doubt that the Conference would move in the right direction.

Both Rtn. Dr. Prahlad and Rtn. Srinivasan D worked tirelessly for nearly eight months without a break. Several thoughtful initiatives won the appreciation of all delegates. The meticulous arrangement of registration tags club-wise in separate boxes significantly eased the registration process—brilliantly executed by the team led by our President, Rtn. G. K. The distribution of mementos, goodies, and T-shirts in a less crowded area ensured smooth movement and comfort.

Sneha : Straight from the Heart

Continued from Page 1

The memento, in particular, received unanimous praise—"For the first time, we received a truly useful memento, beautifully packed with a personal touch." All credit goes to Rtn. Srinivasan D, who selected, designed, and packed the mementos with perfection. The theme colour selection, led by Rtn. Srinivasan D and Rtn. Bharath Kumar with excellent technical support, was

outstanding. The selection of eminent speakers and a fantastic entertainment package once again reflected the Chairman's vision and planning.

Another major factor behind the Conference's success was the continuous supply of coffee, tea, and light snacks, along with fellowship arrangements where snacks were served directly at the tables. The lawn seating and table arrangements were of international standards, meticulously handled by our President-Nominee, Rtn. Gangesh B. K., and his team.

Many wondered how the food counters would be managed without QR codes—but our Seenanna's brilliant in-house



token system with double verification ensured a completely hassle-free dining experience. Accommodation arrangements for Silver, Gold, and Patron sponsors were efficiently managed by our senior Rotarian, Rtn. Alagappan Sir, and his team. The extra care and true spirit of hospitality extended to these VIPs were wonderfully handled by our President-Elect, Rtn. Sathyendra Kashyap, and his team, who also took on the herculean task of packing the goodies.

Metro left a mark on the event. The entire Metro stood firmly behind the event with 2 Maha Patrons Rtn. Sundar Raja Rao and Rtn. Alagappan sir, many Silver sponsors, 100% registration and wholehearted involvement, making this Conference a truly memorable and grand success. I might have missed naming and mentioning some contributors, my apologies for any oversight.

Metroites, Rotarians, Thanks for making Ramki Sir's Conference Sneha Saurabha 2026 a grand success

District Secretary Events
Rtn. Umesh K

Metroites @



Rtn. Dr. Prahlad

Thank you my dear Metro friends for the great support u have extended for conducting this mega event. Ur unconditional support in all the areas is truly commendable. U really worked as a team. Thanks u once again.

Rtn. Gopalakrishna

Absolutely It was a perfect score. Thank you All for making "Sneha Saurbha" a grand success. Sennanna is now a relieved Hero.

Rtn. Ravikumar

ಎರಡು ದಿನಗಳ ಮರೆಯಲಾರದ ನೆನಪುಗಳು, ಜೀವನದಲ್ಲಿ ಒಮ್ಮೆ ಮಾತ್ರ ಬರುವ ಆ ಸಂಗೀತ ಸಂಜೆ, ವಾ ವಾ, ಏನೆಂದು ನಾ ಹೇಳಲ

Congratulations to everyone who planned and worked hard to make this happen.

Rtn. Mohan Gurumurthy

Curtains down of an extremely well organised district conference Sneha Saurabha. This mega event had everything to make it top class ... fantastic speakers, amazing food, flawless arrangements. Congratulations DG Rtn Ramki sir, Dr Prahalad, Umesh K, Srinivasan D and each and every one who worked tirelessly for the success of the event.

Rtn. Solanki :

The event lineup was amazing. The standup comedy on day 2 was my favourite.

Rtn. Umesh

Metro left a mark on the event. The entire Metro family stood firmly behind the event with 2 Maha Patrons Rtn. Sundar Raja Rao and Rtn. Alagappan sir, many Silver sponsors, 100% registration and wholehearted involvement, Metro stars Rtn. Srinivasan.D, Rtn. Gopalakrishna, Rtn. Gangesh, Rtn. Bharath, Rtn. Alagappan, Rtn. Sathyendra Kashyap, Rtn.Sundar Raja Rao made Sneha Saurabha a guaranteed momentous event.





Rtn. Mahesh

Gone and shining in the sky like a Star

Rtn. Sujay Raghavan:

Stepping into Sneha Saurabha was like entering a world of serenity and celebration. The vibrant colours, warm hospitality, and impeccable service made for an unforgettable experience, leaving a lasting impression of joy and togetherness.



Rtn. Satyendra Kashyap

It was an honour & learning experience under the Guidance of Rtn. Dr. Prahlad. Thanks for the opportunity.



Rtn. Venkatesh:

Overall Metro made a big contribution – voluntarily. Best Ambience and delicious food

Rtn. Dr. Ravindraranath Shroff

Good morning DG Sir & Dr Prahalad & Team Wonderful , Wonderful , Wonderful Thank you for giving us an International style Dist. Conference. Every microscopic elements were taken care off. Hats off



Rtn. Gangesh

It was like a well prepared Dum Biryani

Metro Yogi @



Rtn. Sandeep led the morning warmup with Zumba dance exercises and conducted energetic yoga sessions.

Rotaract Seshadripuram College Blood Donation Camp



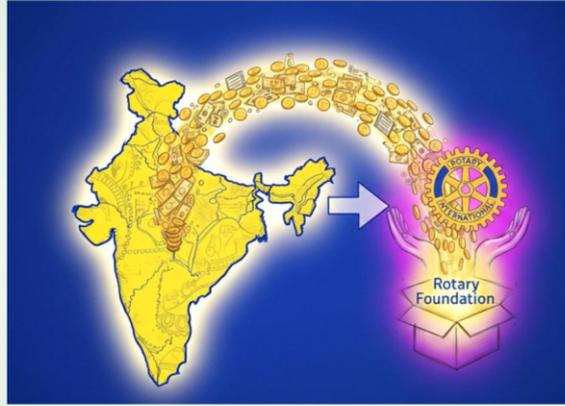
181 units of blood was collected at the event. Our Rotary Club proudly supported this noble initiative by sponsoring nutritional beverages and fruits for all donors, ensuring their health and well-being post-donation. It was inspiring to witness a high turnout of enthusiastic students stepping forward to save lives. Special thanks to Rtn. Sandeep Shivshankar for his presence and encouragement. The event highlighted the power of youth engagement in community service.

~Mohan Gurumurthy Hon. Secretary

DGE 3192 donates USD 50 Million Rs 450 Crores to Rotary

Leading land developer of Bangalore, founder of Hara Housing & Land Development Ltd, DGE 3192 Ravishankar Dakoju & his wife Paola Dakoju announced the gift at Rotary's International Assembly in Orlando, Florida, USA, on 13 January.

Dakoju described how his father, who had donated all of the family's land to poor farmers, died suddenly when Dakoju was age 10. Dakoju recalled how he, his mother, and his six siblings were left with less than US\$2 in the bank. He said he failed in school



and misbehaved, even leading a street gang, before he earned a college degree and eventually co-founded Hara Housing & Land Development Ltd. Now it's one of the leading land developers in Bangalore.

"Whatever I have achieved so far came from the kindness of people, the grace of life, and the opportunities Rotary brought into my world," Dakoju said at the

Everyday – Metro Day

Metro led the event's administrative core and also swept prestigious awards and showcased deep community impact. Our leadership activities:

Day 1: Registration of members

Day 2: Yoga session conducted by Sandeep Shivshankar.

Day 2 : We from our club presented Milk bank project as our flagship project.

Day 3: Zumba dance session , again conducted by Sandeep Shivshankar.

The club received two major accolades:



1. Highest Registration Award: Reflecting the club's incredible spirit and fellowship.

2. TRF Silver Award (100% Contribution): Achieving 100% giving in The Rotary Foundation (TRF) from a new club—a rare and commendable feat.

On Day 2, we presented "Amrutha Varshini" – Mysore's first Human Milk Bank. A

powerful video showcased the project's life-saving impact at Cheluvamba Hospital.

Our Club's maiden District Conference was a resounding success.

ANNIVERSARY



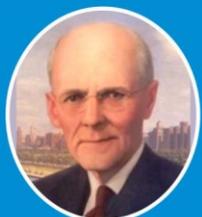
15th
Feb

Rtn. Sanjaya
Ann. Divya Sanjaya



18th
Feb

Rtn. Mohan Gurumurthy
Ann. Sandhya



Rtn. Paul Harris
Founder



Rtn. Francesco Arezzo
Ri President



Rtn. Ramakrishna P.K.
Dist. Governor 3181



Rtn. Gopal Krishna M P
President



Rtn. Mohan Gurumurthy
Secretary



Rtn. Vivek S Sangle
Editor